








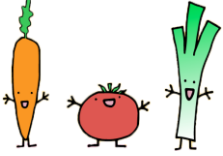









## Garboldisham Primary Schools Menu W/C Monday 16 September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meals</b>	Jacket Potato Buffet Ham, Cheese, Beans, Beef & Tuna 	Sausage & Mash 	Roast Chicken 	Herby Cheese & Ham Pasta 	Fish Fingers 
<b>Vegetarian Options</b>	Jacket Potato Buffet Cheese & Beans 	Vegetarian Sausage & Mash 	Lentil Roast 	Cheesy Pasta 	Veggie Fingers 
<b>Served with</b>	Fresh Seasonal Salad & Coleslaw	Baked Beans	Fresh Seasonal Vegetables and Gravy	Fresh Seasonal Salad	Chips, Peas and Tomato Ketchup
<b>Pudding</b>	Fruit Yoghurt & Granola 	Fruit Jelly & Ice Cream 	Fruit Flap Jack 	Banoffee Pie 	Take your Pick 

We also offer: **Baked Potato** with a choice of fillings - **cheese, beans, tuna, ham, sweetcorn**  
**Toppings on toast** - **beans, tomatoes, scrambled egg**  
**Sandwiches** - **ham, cheese, tuna, marmite**  
**Bread and Fruit are available with all meals.**

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

**Children in Reception, years 1 & 2 receive a free school meal.**

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

*Please return forms by Thursday 12 September. Thank you.*