



Garboldisham Primary Schools Menu W/C Monday 18 March 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Fill your own wrap Ham/Cheese 	Braised Steak 	Roast Gammon, & Roast Potatoes 	Tuna Pasta 	Fish Fingers 
Vegetarian Options	Fill your own wrap Cheese 	Vegetarian Sausage 	Lentil Roast 	Cheesy Pasta 	Veggie Fingers 
Served with	Selection of Fresh Seasonal Salad	Mashed Potato, Cabbage & Sweetcorn	Fresh Seasonal Vegetables and Gravy	Selection of Fresh Seasonal Salad	Chips, Peas and Tomato Ketchup
Pudding	Bananas & Custard 	Pears & Ice Cream 	Sultana Spice Cake 	Chocolate Shortbread 	Take your pick 

We also offer: **Baked Potato** with a choice of fillings - cheese, beans, tuna, ham, sweetcorn
Toppings on toast - beans, tomatoes, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Thursday 14 March. Thank you.