








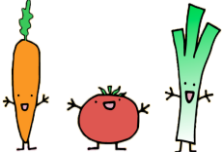








Garboldisham Primary Schools Menu W/C Monday 4 February 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Sausage & Mashed potato 	CHINESE NEW YEAR Bamboo Chicken 	Roast Beef, & Roast Potatoes 	Ham & Pea Pasta 	Fish Fingers 
Vegetarian Options	Vegetarian Sausage & mashed potato 	Chinese Vegetables 新年快樂 Happy New Year xin nian kuai le! 	Lentil Roast 	Cheesy Pasta 	Veggie Fingers 
Served with	Baked Beans	Rice and Prawn Crackers	Fresh Seasonal Vegetables and Gravy	Selection of Fresh Seasonal Salad	Chips, Peas and Tomato Ketchup
Pudding	Chocolate Mousse 	Fruit & Ice Cream  	Carrot Cake 	Lemon Sponge & Custard 	Take your pick 

We also offer: **Baked Potato** with a choice of fillings - **cheese**, beans, tuna, ham, sweetcorn
Toppings on toast - beans, tomatoes, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Thursday 31 January 2019. Thank you