








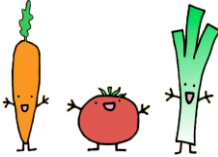









Garboldisham Primary Schools Menu W/C Monday 14 January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Ham Pizza 	Chicken Chow Mein 	Roast Beef, & Roast Potatoes 	Pasta Bolognese 	Fish Fingers 
Vegetarian Options	Cheese & Tom Pizza 	Vegetable Chow Mein 	Lentil Roast 	Cheesy Pasta 	Veggie Fingers 
Served with	Selection of Fresh Seasonal Salads	Prawn Crackers	Fresh Seasonal Vegetables and Gravy	Selection of Fresh Seasonal Salads	Chips, Peas and Tomato Ketchup
Pudding	Rice Pudding 	Peach Melba 	Fruit Flapjack 	Banoffee Pie 	Take your pick 

We also offer: **Baked Potato** with a choice of fillings - cheese, beans, tuna, ham, sweetcorn
Toppings on toast - beans, tomatoes, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Thursday 10 January. Thank you.