

## Garboldisham Primary Schools Menu W/C Monday 12 November 2018

T/MAP	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Jacket Potato buffet	Braised Steak and Mash Potato	Roast Gammon, & Roast Potatoes	Chicken Korma	Fish Fingers
Vegetarian Options	Jacket Potato buffet	Cheese and Potato Pie	Lentil Roast	Vegetarian Sausage	Veggie Fingers
Served with	Fresh Seasonal Salad and Baked Beans	Sweetcorn	Fresh Seasonal Vegetables and Gravy	Rice and Poppadums	Chips, Peas and Tomato Ketchup
Pudding	Peaches and Ice Cream	Jam Sponge & Custard	Apple and Honey Spice Cake	Fruit Cheesecake	Take your pick

We also offer: Baked Potato with a choice of fillings - cheese, beans, tuna, ham, sweetcorn

Toppings on toast - beans, tomatoes, scrambled egg

Sandwiches - ham, cheese, tuna, marmite

Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for LUNCHES and SNACKS are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Friday 9 November. Thank you.