








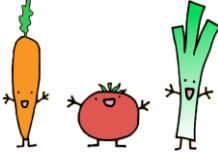









## Garboldisham Primary Schools Menu W/C Monday 3 December 2018

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Meals</b>	Fill your own baguette Ham Cheese/Tuna 	Chicken Chow Mein 	Roast Gammon, & Roast Potatoes 	Chilli Nachos 	Fish Fingers 
<b>Vegetarian Options</b>	Fill your own baguette Cheese 	Vegetable Chow Mein 	Lentil Roast 	Vegetable Chilli & Nachos 	Veggie Fingers 
<b>Served with</b>	Selection of Fresh Seasonal Salads	Prawn Crackers	Fresh Seasonal Vegetables and Gravy	Fresh Seasonal Salad	Chips, Peas and Tomato Ketchup
<b>Pudding</b>	Choc Mousse 	Shortbread 	Cake 	Choc Ice 	Take your pick 

We also offer: **Baked Potato** with a choice of fillings - cheese, beans, tuna, ham, sweetcorn  
**Toppings on toast** - beans, tomatoes, scrambled egg  
**Sandwiches** - ham, cheese, tuna, marmite  
**Bread and Fruit are available with all meals.**

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

**Children in Reception, years 1 & 2 receive a free school meal.**

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

*Please return forms by Thursday 29 November. Thank you.*