








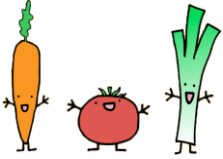









Garboldisham Primary Schools Menu W/C Monday 8 October 2018

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|---|--|--|---|--|
| Main Meals | Build own wraps ham & beef  | Cottage Pie  | Roast Chicken, & Roast Potatoes  | Herby Ham & Pea Pasta  | Fish Fingers  |
| Vegetarian Options | Build your own wraps cheese  | Cheese & Potato Pie  | Lentil Roast  | Cheese Pasta  | Veggie Fingers  |
| Served with | Selection of Fresh Seasonal Salads | Cabbage & Sweetcorn | Fresh Seasonal Vegetables and Gravy | Salad | Chips, Peas and Tomato Ketchup |
| Pudding | Chocolate Sponge & sauce  | Fruit jelly & ice cream  | Cake  | Banoffee Pie  | Take your pick  |

We also offer: **Baked Potato** with a choice of fillings - **cheese, beans, tuna, ham, sweetcorn**
Toppings on toast - beans, tomatoes, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Thursday 4th October to Natasha. Thank you.