



Garboldisham Primary Schools Menu W/C Monday 5 November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Sausages & mash 	Fill your own wrap ham 	Roast Chicken, & Roast Potatoes 	Beef Chilli 	Fish Fingers 
Vegetarian Options	Veg Sausage & Mash 	Fill your own wrap cheese 	Lentil Roast 	Vegetable Chilli 	Veggie Fingers 
Served with	Baked beans	Fresh salad	Fresh Seasonal Vegetables and Gravy	Rice	Chips, Peas and Tomato Ketchup
Pudding	Cake 	Banana Custard 	Shortbread 	Choc Ice 	Take your pick 

We also offer: **Baked Potato** with a choice of fillings - cheese, beans, tuna, ham, sweetcorn
Toppings on toast - beans, tomatoes, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

We will do our best to stick to the menu, but please be patient if we need to make changes.

Order forms for **LUNCHES** and **SNACKS** are available here or from school.

Children in Reception, years 1 & 2 receive a free school meal.

It would help the kitchen greatly if you return a form but if not we will assume that your choice is for the main meal option.

Please return forms by Thursday 1 November. Thank you.