



Garboldisham Primary Schools Menu W/C Monday 9 October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Tuna Wraps 	Chicken Chow Mein 	Roast Chicken, Stuffing and Roast Potatoes 	Homemade Chill 	Fish Fingers 
Vegetarian Options	Cheese Wraps 	Vegetable Chow Mein 	Lentil Roast 	Vegetable Chilli 	Veggie Fingers 
Served with	Selection of Fresh Seasonal Salads	Prawn Crackers and Salad Garnish	Fresh Seasonal Vegetables and Gravy	Nachos and Salad Garnish	Chips, Peas and Tomato Ketchup
Pudding	Banana & Chocolate Mousse 	Jam Sponge Pudding and Custard 	Shortbread with fruit 	Banana Split 	Take your pick inc Fresh Fruit 

We also offer: Baked Potato with a choice of fillings - cheese, beans, tuna, ham, sweetcorn
Toppings on toast - beans, cheese, scrambled egg
Sandwiches - ham, cheese, tuna, marmite
Bread and Fruit are available with all meals.

Please complete the slip below with your choice for meals next week and return by **Thursday 12 October 2017**

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Week Commencing Monday 9 October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal					
Veggie Option					
Jacket Potato					
Sandwiches					

Name: Class:

Signed (parent/carer)

We will do our best to stick to the menu, but please be patient if we need to make changes.

If the form is not returned we will assume the main meal is your chosen preference (Reception, Year 1 and Year 2)

Snack Sheet overleaf for Reception, Year 1 and Year 2